



Lake Jeanette Swim and Tennis Club

5040 Bass Chapel Rd., Greensboro, NC 27455

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Club Liaison: 336-501-7213

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www.LJClub.com

Join us on Facebook!

President, Deborah Roskelly	382-3663
Vice President, George Harris	207-7338
Treasurer, Rich Prigge	282-2078
Secretary, Kim Gatling	545-3443
Member at Large, Jamey Kerr	286-8712

Welcome to the Lake Jeanette Swim & Tennis Club! We are excited about the many improvements to our swim and tennis facilities over the past two years and the fun programs our Club offers. Thank you for choosing Lake Jeanette Recreation Association as your Club! Please take a few minutes to read the following important information – it is full of enjoyable programs and social events for all ages!

Membership Cards and Check In: Your membership cards are enclosed – you are welcome to start using the facilities – ENJOY! Tennis and swim members must show their card at the kiosk check-in **once the pool opens**. Thank you for your understanding and cooperation in this regard! If you forget your membership card, the attendant will check you in using the Club Roster.

Guests: Guests are welcome at our Club! Guests are allowed to visit a total of 12 times per year with no more than one visit per week and **they must always be accompanied by a member**. Guest fees are \$5.00 for each guest and will be collected upon check-in. Guest passes are good for one day at both Lakeside and Turnstone locations.

Tennis Courts: Tennis players, please feel free to use the courts immediately.

Pool – Opening Date and Hours: Lakeside and Turnstone Pools open on **Saturday, May 29, 2010**.

Lakeside: Monday – Sunday (10:30 a.m. – 9:00 p.m.) Turnstone: Monday – Sunday (11:00 a.m. – 8:00 p.m.)

Pool Safety: Please take a few minutes and familiarize yourself, family members and guests with the pool rules posted at each pool and on the Club's website – www.ljclub.com. Make sure to read the manufacturer's rules posted at each slide and check your child's height - any child that is less than 48 inches tall must have close adult supervision when using the slides. Our water slides are exciting for both children and adults!

Wireless Internet Access Provided at Lakeside: The wireless network name (SSID) to log in is "Lake Jeanette" – no password required.

Lakeside Party/Meeting Room: Our Lakeside Club House Party/Meeting Room was refurbished last year. It is a great place to have a party with French doors that lead out to the lower patio and green space with a view of Lake Jeanette. Contact the Club office for more information and to schedule this room. Also the "Party Room" is available at Turnstone and may be booked through the Club office as well.

Concessions: Eat on the deck at Lakeside or pick up take out on your way home. Food is provided by REAL Catering and it is GREAT! A percentage of your purchase comes back to the Club so please support your concessions! Turnstone offers canned drinks, bottled water, ice cream and individually wrapped snacks provided by Pool Professionals.

Membership Directory: Our membership directory will be available this year on our Club's website, www.LJClub.com. The directory is secured so you will need to enter name: "LJST" and password "Slatter" to view the directory. An opt-in clause was on the Membership application so your contact info will not be included in the directory if you did not opt in.

Questions – Contact Info: Always feel free to contact your Board members – names and numbers are posted at the top of this page. Our Club contracts with Slatter Management Services to provide on-site management and accounting services. Slatter Management Services Inc., 4125-G Walker Ave., Greensboro, NC 27407, 24-hour phone at (336)272-0641. Terry Slatter, Association Manager ext. 3202, or email terry@slatterinc.com; Julian Slatter, Association Manager ext. 3800, or email julian@slatterinc.com and Wanda Newcomb, Administrative Assistant ext. 3207 or email wanda@slatterinc.com.

NOW FOR THE FUN STUFF – THERE IS SOMETHING FOR EVERYONE!!

SWIMMING – SOCIALS, LESSONS, EVENTS & FITNESS PROGRAMS

Lakeside & Turnstone Pools: If you want family fun and a lively environment, Lakeside is the place to be! If you just want to sit back and relax under the big shade trees, Turnstone Pool will meet your every need. Both pools are available for pool parties for adults and children.

Lake Jeanette Lightning Swim Team: Ranked 3rd in the City! We have one of the largest swim teams with swimmers ranging in ages from 5 to 18 years. Our Head Coach, Ryan Stanford and many of our Junior Coaches grew up swimming at Lake Jeanette! The swim team has morning practices at Lakeside pool(8:00am – 10:30am)and at Turnstone pool (8:00am – 12:00).During the school year (May 17 – June 11)practices, at Turnstone, are from 4:15 to 7:15 p.m. Coaches will determine exact schedule after they see the age mix of the team. By request, an adult swim lane will be opened at Turnstone during the afternoon practices. Many thanks to our Swim Team Committee members who work hard to make this program fun and rewarding – committee listed on last page.

Float Nights at Lakeside Pool: Bring your float to Lakeside every Friday night and join in the fun!!

Movie Night at Lakeside Pool: Watch the bulletin board at Lakeside for movie dates. These fun events are sponsored by Lake Jeanette Realty, The Resale Experts at Lake Jeanette. Popcorn is provided. Many thanks to Greg Cranford and Jim King.

Fourth of July Celebration at Lakeside: Come to Lakeside Pool on the 4th of July and have a fun filled day of activities, contests and prizes! It is a BIG SPLASH!!

Swim Lessons at Lakeside: Swim lessons are provided by Pool Professionals, the company that provides our lifeguards and services our pools. Beginner through advanced lessons will be held Monday-Thursday with Friday reserved for make-up days. Times vary according to skill level. Dates, pricing and registration forms are available in the Club office.

Early Morning Adult Swim at Lakeside: Starts June 15th and is held every Tuesday and Thursday from 6:00–7:00 a.m. Swimmers are welcome to stay until swim team begins practice. Contact Ann Lang if you would like to participate Alang3@triad.rr.com

Water Aerobics Classes at Turnstone Pool: These classes are open to all Members for free! Guests may attend if accompanied by a Member and must pay a \$5.00 guest fee prior to participation. All fitness levels, beginner through advanced are invited to attend. Classes are held on Monday and Wednesday nights from 7:30–8:30 p.m. at Turnstone Pool starting June 14 – July 7 (First session) and July 19 – August 11 (Second session). Space is limited! To sign up, contact Laura Fennell, ISSA, AFAA Personal and Group Fitness Trainer, CPR/First AID Certified. Lfennell2@triad.rr.com or 336-202-7976

Boot Camp for Women at Lakeside: Open to Members and their Guests – all fitness levels – beginner through advanced. Spring **Session I** begins Monday, April 5th – May 21; **Spring Session II** begins May 24th – June 25. Space limited to 20 participants as this camp strives to provide individual “personal training” in a group setting. Camp Days: **Monday * Wednesday * Friday Times: 5:30 am-6:30am; 8:30 am- 9:30am. Each camp day lasts 1 hour. Cost per Camp varies according to number of weeks run (4-7 weeks). Call for current camp fee. Drop-in Rate\$16.00**

Contact Donna Copeland, AFAA & CPR Certified Fitness Trainer: Pebblesdonna@aol.com or 336-681-0662

Yoga at Lakeside: To be announced at a later date.
Members and their Guests – all levels.

Basket Ball: Lakeside offers Pool Basket Ball and Turnstone offers a Basketball Court at the end of the sidewalk behind the swimming pool.

TENNIS EVENTS, PROGRAMS, CAMPS AND SOCIALS

CHECK OUT OUR MAJOR TENNIS FACILITY IMPROVEMENTS THIS YEAR!!

Top of the line tennis court lighting system: Best in Greensboro
Hard Courts resurfaced the color of the US. Open Courts
New Pro-Shop and Lounge

Plus We Have the Best Tennis Pros and Programs in Town!

For more information about the following programs and events, call the Tennis Shop at 282-6465 or e-mail our Pros Toby Curtis, USPTA – Steve Pruetter, USPTA – Dipesh Rao, USPTA at lakejeanette10s@aol.com

Spring & Summer Tennis Programs

Adult Lessons – 6 week program

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|--------------------------------------|-----------------|
| • Women's Gate City League Practices | Begins April 5 |
| • Women's Beginner Clinics | Begins April 6 |
| • Men's Saturday Morning Workouts | Begins April 10 |
| • Cardiotennis | Begins April 10 |
| • Women's Gate City League Practices | Begins June 14 |
| • Women's Beginner Clinics | Begins June 15 |
| • Men's Saturday Morning Workouts | Begins June 19 |
| • Cardiotennis | Begins June 19 |

Junior Lessons – 6 Week Program

- | | |
|--------------------------------------|----------------|
| • Junior Interclub Training Squad | April 5 |
| • Quick Start Champs: ages 7 & above | Begins April 5 |
| • Quick Start Mini-Champs: ages 5-6 | Begins April 6 |

Junior Tennis Camp: Includes Swim time, lunch and other fun games; Time: 9:00 am – 12:45pm
Session 1 – August 2-5; Session 2 – August 9-12; Session 3 – August 16-19

Monthly Tennis Newsletter: "Court Chat at Lake Jeanette" is distributed to all members via email. It is packed with information, important events, social dates, pictures and tips to improve your game! If you are not receiving the newsletter, please email Toby at lakejeanette10s@aol.com.

Booking a Tennis Court: Need to book a court at Lake Jeanette? Making court reservations is easy. Court reservations may be made up to 48 hours in advance and you can do it two ways. You can call the Tennis Shop (282-6465) or reserve a court in person at the Court Registration Board. If you require more information about booking tennis courts, please refer to the Court Registration Board outside the Tennis Shop

- **By Telephone:** As mentioned above members may call the Tennis Shop (282-6465) and book a tennis court up to 48 hours in advance. If you do not reach a member of staff when calling the Tennis Shop, please leave a message with your name, day and time of your court reservation along with your telephone number. A member of the tennis staff will only contact you if there is a conflict with court time.
- **Court Registration Board:** Stop by Lake Jeanette and you may book a court by blocking off your specific time on the court sheets. When doing this, please use arrows to show when your court time begins and ends. Also, don't forget to write your first and last name. The court sheets are hanging up on the wall outside the Pro Shop.

Guest Policy: Members may bring Guests to play at Lake Jeanette. Guests are required to pay \$5 and sign in at the Court Reservation Board before play. The guest fee payment box and sign in sheet can be found at the court sheet board at the Pro-Shop. Members are required to fill in their name, the name of their guest and the date.

MANY THANKS TO OUR MEMBERS FOR VOLUNTEERING THEIR TIME AND EXPERTISE!!

Anne Galipeau for setting up and managing our Club's Facebook page; Leigh Ann Oldis for setting up and managing our monthly tennis newsletter; Anne Ruth for picking out the Pro Shop's interior features – cabinet, granite, carpet and paint colors; and our

Swim Team Committee Members

Phil Jacob – Committee Chair	Margie Moton – Meet Volunteers
Chris Poer – Meet Director	Rob Pfister – SCA Rep
Jenny Denny – Treasurer	Cathy Atkinson – Social Activity Volunteers
Carolyn Minar – Swim for Cancer	Kevin Smith – Ad Hoc Projects
Donna Copeland – Communications	George Harris – LJ Rec Board Rep
Kim Dutch – Secretary	

2010 Social Calendar

MARCH

- 30 – Women's Gate City Training Camp@9:30am – 11:30am
- 31 – Women's Gate City Training Camp@9:30am – 11:30am

APRIL

- 5 – Women's Gate City League Clinics
Monday Night Men's Beer League@7:00pm
Junior Instructional Clinics
- April 5 - May 21 - Women's Boot Camp@5:30am &
8:30am@Lakeside – Monday, Wednesday, Friday
- 6 – Women's Gate City League Matches
- 7 – Women's Gate City League Matches
- 10 – Men's Cardiotennis@7:30pm
Saturday Morning Workouts@7:30am
Men's Interclub Matches@8:30am
- 16 – USTA Junior Team Tennis Matches@4:30pm
- 23 – Adult Tennis Mixer – Beer & Pizza Fun Night@7:00pm

MAY

- 21 – Grand Opening of New Tennis Facility@7:00pm
- 22 – Grand Opening Continues
- May 24 – June 25th - Women's Boot Camp@5:30am &
8:30am@Lakeside - Monday, Wednesday, Friday
- 29 – Pool Opening
- 31 – Summer Gate City Night League

JUNE

- 4 – Float Night
- 11 – Float Night
- 14 – Water Aerobics@7:30pm@Turnstone
Women's Gate City League Clinic
Monday Night Men's Beer League@7:00pm
Junior Instructional Clinics
- 15 – Early AM Swim@6:00am
- 16 – Water Aerobics@7:30pm@Turnstone
Women's Gate City Evening League@7:00pm
- 17 – Early AM Swim@6:00am;
Junior Interclub Matches@12:30pm
Thirsty Thursday Ladies Evening Fun League@ 7:00pm
- 18 – Float Night
- 19 – Men's Saturday Morning Workouts@7:30am
Cardiotennis@7:30am
- 21 – Water Aerobics@7:30pm@Turnstone
- 22 – Early AM Swim@6:00am
- 23 – Water Aerobics@7:30pm@Turnstone
- 24 – Early AM Swim@6:00am
- 25 – Float Night; Adult Mixer "Wimbledon@Lake Jeanette"
Fun Tennis Mixer @7:00pm
- 28 – Water Aerobics@7:30pm@Turnstone
- 29 – Early AM Swim@6:00am
- 30 – Water Aerobics@7:30pm@Turnstone

JULY

- 1 – Early AM Swim@6:00am
- 2 – Float Night
- 4 – 4th of July Celebration
- 5 – Water Aerobics@7:30pm@Turnstone

(July...continued)

- 6 – Early AM Swim@6:00am
- 7 – Water Aerobics@7:30pm@Turnstone
- 8 – Early AM Swim@6:00am; City Swim Meet
- 9 – Float Night; City Swim Meet
- 10 – City Swim Meet
- 13 – Early AM Swim@6:00am
- 15 – Early AM Swim@6:00am
- 16 – Movie & Float Night
- 19 – Water Aerobics@7:30pm@Turnstone
- 20 – Early AM Swim@6:00am
- 21 – Water Aerobics@7:30pm@Turnstone
- 22 – Early AM Swim@6:00am
- 23 – Float Night; Adult Fun Tennis Night – Margarita
Mixer@7:00pm
- 26 – Water Aerobics@7:30pm@Turnstone
- 27 – Early AM Swim@6:00am
- 28 – Water Aerobics@7:30pm@Turnstone
- 29 – Early AM Swim@6:00am
- 30 – Float Night

AUGUST

- 2 – Junior Tennis Camp@9:00am – 12:45pm
Water Aerobics@7:30pm@Turnstone
- 3 – Junior Tennis Camp@9:00am – 12:45pm
Early AM Swim@6:00am
- 4 – Junior Tennis Camp@9:00am – 12:45pm
Water Aerobics@7:30pm@Turnstone
- 5 – Junior Tennis Camp@9:00am – 12:45pm
Early AM Swim@6:00am
- 6 – Float Night
- 9 – Junior Tennis Camp@9:00am – 12:45pm
Water Aerobics@7:30pm@Turnstone
- 10 – Junior Tennis Camp@9:00am – 12:45pm
Early AM Swim@6:00am
- 11 – Junior Tennis Camp@9:00am – 12:45pm
Water Aerobics@7:30pm@Turnstone
- 12 – Junior Tennis Camp@9:00am – 12:45pm
Early AM Swim@6:00am
- 13 – Float Night
- 16 – Junior Tennis Camp@9:00am – 12:45pm
- 17 – Junior Tennis Camp@9:00am – 12:45pm
Early AM Swim@6:00am
- 18 – Junior Tennis Camp@9:00am – 12:45pm
- 19 – Junior Tennis Camp@9:00am – 12:45pm
Early AM Swim@6:00am
- 20 – Float Night
- 24 – Early AM Swim@6:00am
- 26 – Early AM Swim@6:00am
- 27 – Float Night
- 28 – End of Summer Social
- TBA – Adult Fun Tennis Night – Battle of the Sexes@7:00pm

SEPTEMBER

- 3 – Float Night
- 6 – Pool Closes for Season